

Summer Works!

ZANE was happy to host the new Zambian Ambassador to the U.S. **Her Excellency Ambassador, Mrs. Sheila Siwela** on **August 15TH, 2010** in Woburn, Massachusetts. This formal meeting with our Ambassador, Partners, Friends of Zambia and the Community at Large *turned out* as envisioned: Fruitful and Memorable.

What lasted approximately 3 and half hours was indeed a great platform with a great conversation that shed so much light on a common goal:

‘Empowering Zambians’

The meeting had a vibrant and exciting panel that included **H.E. Ambassador Mrs. Sheila Siwela** & 2 delegates- **Political and Consular Officer Mr. Evaristus Kalaba**, **Press and Public Relations Officer Mr. Ben Kangwa**. The panel also had **ZANE President Mr. Sekani Nkhata**, **ZANE Vice President Mr. Kwanga Kaweza**; ZANE’s Partners: **CWB Founder & President Dr. Richard Bail**, **Canterio International Director Mr. Isa**

Ebowe, Prudential Financial Specialist Mr. Mawano Kambeu, **CMI Founder & Executive Director Ms. Sarah Grant**, **NEMA Interim Chairperson Ms. Tione Chilambe**, **MAC/AFIA Program Director Ms. Chioma Nnaji** & **ISF Vice President Mr. Herbert Kibuuka**.

Mr. Nkhata welcomed the ambassador with a brief speech that stressed ZANE’s cooperation and assistance to the ambassador, in making her stay and programs successful. He also expressed happiness at the introduction of investment opportunities to the Diaspora by the Zambian Government, and ended by alluding to the need for non-profit, non-governmental organizations and the Zambian government to collaborate on programs for the betterment of Zambia. ZANE’s partners followed with introductions of their organizations and missions. It was indeed remarkable and humbling to learn of

the great works these selfless individuals and groups are doing in mother Zambia. The partners also expressed gratitude to partner with ZANE. It was then time for **H.E. Ambassador, Mrs. Sheila Siwela** to address the audience.

First & foremost, she thanked ZANE for putting up such a wonderful event. She right away championed a much closer relationship between



the Zambian Embassy and the Diaspora. To this effect, she mentioned the creation of a **Diaspora Desk**, by the Zambian Government, that will be in constant liaison with the Zambian Diaspora, in exploring ways to enhance Diaspora participation, not only in the development of Zambia, but also in **investment opportunities** geared to help **Zambians abroad**.

ZAMBIAN ASSOCIATION OF NEW ENGLAND

ZANE SUMMER Newsletter!

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Don't forget to:

- *To be in touch*
- *Stay in touch*
- *Help one another*
- *Make a difference*
- *Smile*

Double Double: Stan & Ephraim Gospel Concert

ZANE was blessed to host a Gospel Concert series, with acclaimed top Zambian Gospel Artists **Stan Chipuma & Ephraim Mutalange**, showing the audience how to do it double double!

‘**Double Double**’ represented a Double Blessing in Everything!

Through ZANE, Stan & Ephraim held 2 concerts in New England-Maine and Massachusetts .

After a successful concert in Maine, it was now time for *Double Double* in Massachusetts. The concert started off well with the artists collaborating with the local church choir in a couple of songs. To the delight of the crowd, the gospel duo sang songs from their latest



CD albums, with the backing of live musical instruments. Everybody got down doing the ‘double double dance!!’

There was a ‘Meet and Greet Session’ where the community had a chance to socialize and get to know Stan &

Ephraim better. The gospel duo was happy to sign *autographs*.. During the Meet and Greet Session, pizza and beverages were provided, concluding a fun-filled *memorable* day!



Something About Zambian Cuisine...

Even though there are 72 tribes in Zambia, Zambian cuisine is relatively homogenous.

Zambia’s staple food **Nshima**, which is made from mealie-meal (*corn meal*), is closely ingrained in the Zambian culture. It is featured prominently in its customs and rituals, and it is said ‘you have not had a full meal if Nshima wasn’t a part of it!’ Nshima is served with **relish** consisting of either beef, chicken, fish, or game

meat. Vegetables accompanying the meal as a side dish include rape (*collard greens*), chibwabwa (*pumpkin leaves*), kalembula (*sweet potato leaves*), beans, impwa (*african eggplants*) cabbage, spinach, delele (*okra*) etc...

Ifisashi is a popular dish that incorporates pounded groundnuts (*peanuts*) usually with traditional vegetables such as pumpkin leaves. Meat can also be added if preferred.



There are a number of traditional Zambian beverages, which are enjoyed during celebrations or after a day’s work. The

most favorite being **Munkoyo**, which is made from a combination of either corn meal, sorghum meal or cassava meal & dried Munkoyo roots.

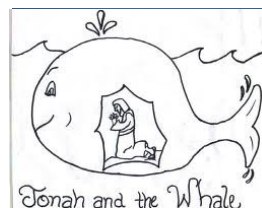
Maheu is the most popular traditional

drink sold in stores.

You Can Run But You Cannot Hide

A preacher not used to big audiences was preaching a sermon on Jonah. As he progressed nervously, he started confusing himself about Jonah and the fish. After having problems stating as to who swallowed who between Jonah and the fish due to his nervousness, he just concluded by saying, "OK just know there was a swallowing." As comical as it might appear running away from the Lord is an act nobody ought to venture into. Whether you are on the run or in

hiding, the Lord knows because He is all knowing. Studying the book of Jonah brought me to an abrupt realization that the Lord will bring 'us' back to His WILL no matter what. Late Pastor Shupwe Ngoma -MHSRIELP- approached me about the prayer-line she had started. I gave an excuse so I could not run it interchangeably with her, needless to mention what the excuse was.



When I learned about her demise, it dawned on me the need for the

By Rev. Masuwa

prayer-line to continue. All the suggestions made pointed to me, **I had no reason to give another excuse.** Today the prayer-line has continued effectively with inputs coming from intercessors far and wide. Have you been running from the Lord lately? There is no need to spend 3 days in the belly of a fish before you embrace God's will. STOP, THINK & RETURN! <http://nezane.org/prayerline/>

Promoting Healthy Communities

Healthy Communities are vital for people to maintain a high quality of life and productivity.

With this in mind, ZANE embarked on a program that **promotes healthy communities** not only in the New England region, but in Zambia as well.

This program is led by our Health Coordinators who advance great healthcare programs in & outside of the ZANE community.

This program highlights the **significance** of a healthy community and is accomplished through:

Information & News

ZANE's *Health Coordinators* research and make available any updated or developing health

news on diseases and other health issues to the ZANE community.

Testing Clinics

They encourage the community to regularly take precautions and undergo

health tests such as HIV/AIDS tests at clinics and hospitals. ZANE is happy to partner with MAC/AFIA that promotes HIV/AIDS awareness.

Free Health Clinics in Zambia

One of the goals of this program is to initiate and carry out an Annual Free Health Clinic Project (AFHCP) in rural or under developed Zambia.

ZANE seeks to partner with credible organizations in order to make this much required 'Annual Free Health Clinic Project' a reality in desperate places to sick individuals and communities in Zambia. Please contact ZANE if you would like to Partner and make this cause a reality.



Profile Interview: Natasha & Natalie Kudakwashe

This summer, ZANE's Education Department grabbed at the chance to interview talented music sister act duo; **Natasha** and **Natalie Kudakwashe**, gifted Zambian youth who share their creative flair with the world by playing instruments in their Father's church band....

Natasha is in the 10th Grade while Natalie is in the 8th Grade. The talented duo has played concerts in over 40 places in states such as Texas, New York, & New England region. They are successful in

their music experiences as they have found their passion and enjoy playing their instruments. These charming young ladies are both inspired by family and Christian music artists.. Natasha & Natalie had wise words to encourage their peers with Natasha urging them to **"Not get robbed of their dreams!"**



And Natalie encouraging them to **"Have courage and do their interests now, not letting age sway them."** These girls both think ZANE is a fun organization to be a part of and love its functions and the way it provides a plat-

form for "Zambians to gather together." For more detailed profiles please check <http://nezane.org/profiles/>

The Meaning of Community

Community - sometimes we seem to say it casually without knowing the true sense of the word. We live in such a fast paced world that can lead us to being isolated.

We may say we belong to a community but never actively participate in it selflessly, or champion its goals for the betterment of all.

Community brings together a group of people who form relationships over time

by interacting regularly around shared experiences, having a common bond, supporting each other while affirming and advancing the community's values and objectives. It is built and nurtured intentionally by all.

Having that sense of community, of togetherness and cooperation, establishes peace and harmony. Let us remember the true meaning of community as we go

about our daily lives...

"Behold, how good and how pleasant it is for brethren to dwell together in **unity!**"

Psalms 133:1



*One Zambia, One Nation,
One God and One Love for
all humanity.*



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SPORTS!

The **2010 FIFA World Cup** was held this summer (June 11–July 11) in **South Africa**. It was a historic event as this was the first time an African nation had hosted the world famous soccer tournament!

Six African nations qualified for this event; *host nation* South Africa, Algeria, Cameroon, Ghana, Ivory Coast, and Nigeria. **Ghana** advanced the furthest in the competition, reaching the final 8! (Quarter Finals)

Spain were crowned 2010 World Cup champions at **Soccer City stadium** when **Andres Iniesta** scored the winning goal in the 116th minute, against the Netherlands.

German player, **Thomas Muller**, took home the **Adidas golden boot** for being the tournament's leading goal scorer.



Vuvuzelas (in left pic), long horns blown by fans, were the iconic symbol of this World Cup. Their sound, like a drone of bees, had the whole world embracing SA culture. The 2010 FIFA World Cup will forever be remembered for the smiles and spirit the **host rainbow nation** showed to the world!



SUMMER WEDDINGS!

